

God in his mercy has given us this work to do, and so we are not discouraged..... The God who said, "Out of darkness the light shall shine!" is the same God who made his light shine in our hearts, to bring us the knowledge of God's glory shining in the face of Christ. (2 Corinthians 4)

Advent 2022

Greetings from the Still Waters family! We've had news from some of the children - now grown up - who were formerly at our Children's Home in Tangalle, and we are delighted to announce that we are now supporting 15 families in the area.

Our Director in Sri Lanka plans to treat these families to a simple Christmas meal in nearby Matara, and provide each child with a Christmas gift. We'd very much appreciate an extra gift from you to help towards this event.

The children from the families we are currently helping through the Family Support Scheme:



Ishara aged 17



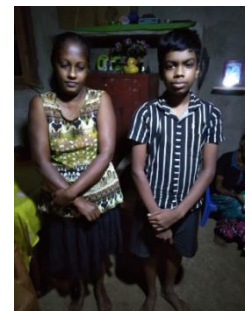
Kalana aged 11



Nathali aged 13



Tharushi aged 13



Yomal aged 14



Onara aged 9



Pathum aged 16



Pavith aged 12



Rasith aged 12



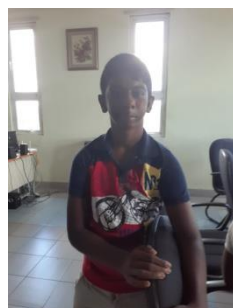
Risindu aged 10



Aruni aged 10



Chamodi aged 17



Daham aged 16



Echini aged 13



Tharindu aged 15

We are pleased to announce that we have two new (next generation!) Still Waters UK Trustees, both of whom have Sri Lankan heritage, have a background in childcare and a heart for Sri Lanka.

On a personal note, Fred is yet again in hospital, having been taken to Barnet A&E on 9th October, blue-lighted to the Royal Free Hospital straight to theatre - a large kidney stone was causing a blockage and infection had built up around it - and a stent inserted under general anaesthetic to enable the infection to be drained off. He was then transferred to Edgware Community Hospital for rehab, and was due to come home on 14th November with a care package in place, when he contracted another infection, was transferred to Barnet A&E again by which time he had pneumonia. He is currently being fed through a tube as he has difficulty swallowing. However according to the doctors he is making progress.

Hilary still tries to keep fit with her walking/exercise group in the park every week.

We're so appreciative of your kind generosity over the years and understand that money is tight for most of us here but we do hope you'll be able to spare a little extra for this special Christmas treat for the children in the Tangalle area of Sri Lanka. In case you're able to make a donation direct to our account we give you below the bank details.

We both wish you a very happy Christmas and a bright 2023.

With our love,

Fred & Hilary.

Still Waters bank details:

Bank: NatWest
Sort Code: 60-23-36
Account Name: Still Waters Trust Society
Account Number: 82564078

Carpet of autumn leaves,



Oak Hill Park, East Barnet.